

# Jean E. McDonald

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## YOGA AND MEDITATION EXPERIENCE

**Create Calm Inc** - Rockville, Maryland, 2018-Currently

Program Director

- ♦ Oversees staffing, teacher development, curriculum, promotion and scheduling
- Children's Yoga and Mindfulness Instructor
- ♦ Teach weekly preschool, elementary and middle school yoga and mindfulness classes

## MUSIC AND THEATRE EXPERIENCE

**Holton-Arms School** - Bethesda, Maryland, 2015-2018

Lower School Drama and Choral Teacher (Part-time)

- ♦ Collaborated with classroom teachers to design drama lessons that enhanced the general curriculum
- ♦ Taught public speaking, presentation skills, improvisation, and team taught *6<sup>th</sup> Grade Chorus*

**Greens Farms Academy** - Westport, Connecticut, 2011-2015

Middle School Theatre and Choral Director

- ♦ Directed and choreographed the annual musical for grades 6-8 at the Westport Country Playhouse
- ♦ Taught Shakespeare, Improvisation, Stage Combat and Acting to 8<sup>th</sup> grade theatre students
- ♦ Conducted *6<sup>th</sup> Grade Choir*, *7<sup>th</sup> and 8<sup>th</sup> Grade Choir*, *Treble Choir* and *Select Choir*

**Upland Country Day School** - Kennett Square, Pennsylvania, 2004-2011

Drama Teacher (2006-2011)

- ♦ Produced, directed and choreographed 8 annual drama productions for grades PK-9
- ♦ Coordinated, designed and managed all technical aspects and budgets for the productions
- ♦ Designed and implemented the drama curriculum for grades PK-9

Music Teacher (2004-2006)

- ♦ Designed and implemented Kodály and Orff music instruction for grades PK-5
- ♦ Taught general music classes and directed handbell and vocal ensembles for grades 6-9

**Walnut Street Theatre** - Philadelphia, Pennsylvania, 2000-2004

Assistant Director of Education

- ♦ Managed the Touring Outreach Company and directed and choreographed outreach shows
- ♦ Taught "Adopt-A-School" teachers how to develop and implement theatre classes
- ♦ Scheduled outreach shows and workshops, created all contracts and wrote study guides
- ♦ Designed and taught youth and teen Acting, Musical Theatre, Improvisation and Creative Play classes
- ♦ Taught adult classes in Musical Theatre, Storytelling, Improvisation and Dancing for Non-Dancers

**Des Moines Metro Opera** - Indianola, Iowa, Summer 1999

Choreographer/Teacher - Apprentice Artist Program

- ♦ Taught theatre dance styles and technique to opera apprentices
- ♦ Choreographed and performed the role of Mae Jones in *Street Scene*

**Theatre Under the Stars** - Houston, Texas, 1998-99

Instructor - Humphreys School of Musical Theatre

- ♦ Taught voice, theatre and dance to grades K-12

**Houston Shakespeare Festival/Children's Theatre Festival** - Houston, Texas, Spring 1998

Assistant to the Producer - Dr. Sidney Berger

- ♦ Organized and conducted auditions for both festivals
- ♦ Created the theatrical program and contracts for all Equity and Non-Equity actors

**Lone Star Performing Arts Association** - Galveston, Texas, Summer 1997

Managing Director, Lone Star School for the Performing Arts

- ◆ Managed teachers and created the schedule for the school
- ◆ Designed and taught acting and musical theatre classes

**The Briarwood School** (for students with learning disabilities) - Houston, Texas, 1995-1996

Music and Drama Teacher

- ◆ Taught drama, debate, minority studies and short story classes for grades 7-12
- ◆ Designed and implemented lower school music program for grades 2-6

**Kinkaid School** - Houston, Texas, 1991-1995

Music Teacher

- ◆ Designed and implemented Kodály and Orff music instruction for grades 3, 4 and 5
  - ◆ Developed an integrated curriculum for the music department
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## TEACHING ARTIST POSITIONS

**Philadelphia Classical Symphony** - Philadelphia, Pennsylvania, Fall 2000

**Dance:** Choreographed and taught creative movement to children PK-7 years

**Lincoln Center Institute for the Arts in Education** - Philadelphia, Pennsylvania, Summer 2000

**Theatre:** Taught classroom teachers how to design and implement theatre lessons

**St. Ambrose University** - Davenport, IA, Fall 1999

**Guest Choreographer:** *A Funny Thing Happened on the Way to the Forum*

**Arts Adventure** - Ponca City, Oklahoma, Summer 1997

**Artist in Residence in Music:** Taught vocal technique and movement to students in grades 4-8

**Houston Community College** - Houston, TX, 1994-1995

**Guest Choreographer:** *Godspell, A Midsummer Night's Dream*

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## WORKSHOPS PRESENTED

- ◆ **The Amazing Audition Workshop** - Philadelphia, Pennsylvania, 2004, 2006
  - ◆ **Singing for Actors** - Philadelphia, Pennsylvania, 2005
  - ◆ **Diversity Exploration Through Acting** - Philadelphia, Pennsylvania, 2003
  - ◆ **Theatre Workshop for Teachers** - Philadelphia, Pennsylvania, 2002
  - ◆ **Bringing History to Life: Integrating the Arts into the Classroom** - Philadelphia, Pennsylvania, 2001
  - ◆ **Adding the Arts to the General Classroom** - Houston, Texas, 1996
  - ◆ **The Integrated Curriculum** - ISAS Conference Presenter - Houston, Texas, 1995
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## SKILLS AND PROFICIENCIES

Radiant Child Yoga Approved Teacher, Levels 1, 2 and 3

Attended *The Institute for Social and Emotional Learning* 2018

Little Flower Teacher Training for Children's Yoga and Mindfulness, Levels 1 and 2

Completed Level 1 and 2 - Little Flower Yoga Teacher Training - Children's Yoga and Meditation

Microsoft Office (Mac and Windows), GarageBand (Composition and Podcasting), iPhoto, iMovie

Directing, Musical Theatre, Shakespeare, Choreography, Conducting, Sound Design, Costuming

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## EDUCATION

**Master of Fine Arts in Theatre, University of Houston**

Concentrations: Directing, Producing

**Bachelor of Music Education, Sam Houston State University**

Concentrations: Voice, Choral Conducting

All-Level Teaching Certificate in Music (Texas)

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